

[A-F](#) [G-M](#) [N-S](#) **[T-Z](#)** :: return to [MAIN PAGE](#)



■ **There is No Key to Happiness, the Door is Always Open**

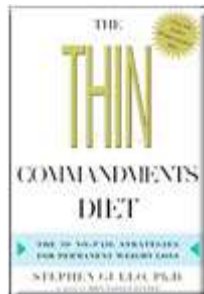
By Marc Gohres
AuthorHouse, 2007
ISBN: 978-1-4259-9116-6
132 pages



Life is a strange process, not an event, and it comes with many twists and turns. Ultimately, however, you and only you have the ability to make your life whatever you choose it to be. How you process the events of your life is totally up to you. You already possess the ability and power to shape said events and use them as means to achieve your ends – or, conversely, you can let them shatter your dreams, remove your love for life, and even destroy you. The choice is yours.

There is No Key to Happiness, the Door is Always Open is intended by the author to inspire his readers by example. He passes along some thoughts, tools and lessons he learned the hard way and which can be applied to readers' own lives to achieve the peace, hope, courage, serenity and zest for life that he has found in his.

[Click here to view the book summary >>](#)



■ **Thin Commandments Diet, The The 10 No-fail Strategies For Permanent Weight Loss**

By Stephen Gullo
Rodale Press, 2005
ISBN: 1579548989
318 Pages



Have you ever wondered how some people lose weight then regain it while others are able to maintain it? The edge shared by all weight loss winners is strategy. In this book, President of the Institute for Health and Weight Sciences in New York Dr. Stephen Gullo shares with you his unique weight-loss program that has a success rate that is many times higher than the U.S. national average and has helped patients lose more than 100 pounds-- and maintain that weight loss for more than 5 years. Learn his strategy secrets in the first part of the book and follow his Turbocharge Eating Plan to put you on the shortest path to safe and quick weight loss without depriving yourself of the food you love.

[Click here to view the book summary >>](#)



■ **Think Positive & Things Will Go Right**

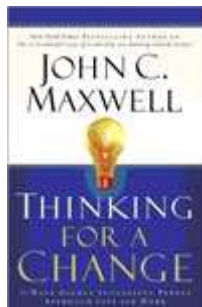
By A.K. Kamath
Lotus Press, 2006
ISBN 81-8382-087-5
140 pages



Positive thinking is the practice or result of concentrating one's mind affirmatively on what is constructive and good, thereby eliminating from it negative or destructive thoughts and emotions. Whether it be about their business, family or health, the most fulfilled and successful individuals all think positively.

Since the concept of positive thinking has not been clearly defined, positive thinking usually is bypassed or used incorrectly and is often simply referred to as mere optimism. Those who do so run the risk of leaving out key aspects of positive thinking – a definite no-no if one wants to be successful.

[Click here to view the book summary >>](#)



■ Thinking For A Change

11 Ways Highly Successful People Approach Life And Work

By John C. Maxwell

Center Street, 2003

ISBN: 0446529575

257 Pages



The ability to think sets man apart from other living things. By using this power, you can create your own destiny. You can choose to succeed through good, skilled thinking, or be a failure by leaving this potent power untapped.

Of course, great thinking does not happen overnight. It is a long, sometimes arduous process. It has to be cultivated and refined. You can become a great thinker only if you are willing to learn how to do it. But first, you must embrace the idea of good thinking by changing your attitude. A changed thinking habit can lead to a changed life, a better life.

Thinking for a Change by John C. Maxwell unveils the many benefits of good thinking. It reveals the 11 ways of thinking you can employ to change your life for the better.

[Click here to view the book summary >>](#)



■ Thinking With Your Soul

Spiritual Intelligence And Why It Matters

By Richard N. Wolman, Ph.D.

Harmony Books, New York

ISBN: 0609605488

288 Pages



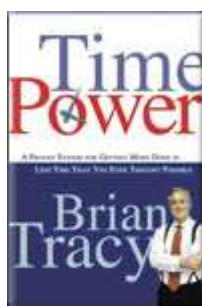
Spiritual Intelligence (SQ) refers to the individual's capacity to sense, understand and ask questions about the meaning of life, as well as experience a level of connection with others and with the world.

Dr. Richard N. Wolman identifies seven factors that make up human spiritual experience and behavior. They are divinity, mindfulness, intellectuality, community, extrasensory perception, childhood spirituality, and trauma.

Dr. Wolman maintains that being able to understand one's spiritual makeup - our strengths and limitations- are essential to being able to improve interpersonal relationships. Related to this, Dr. Wolman shares a PsychoMatrix Spiritual Inventory (PSI), a groundbreaking instrument for evaluating one's degree of spirituality, spiritual energy, and awareness without any reference to a specific religious ideology.

Dr. Wolman's PSI provides a spiritual snapshot of oneself. It has been applied to thousands of individuals including those in leadership and administrative positions worldwide. Those who wish to take the inventory and have a written score and summary of the results may go to www.psychomatrix.com.

[Click here to view the book summary >>](#)



■ Time Power

A Proven System for Getting More Done in Less Time than You Ever Thought Possible

By Brian Tracy

American Management Association, 2004

ISBN: 0-8144-7247-8

295 Pages



Do you want to get more things done in the shortest time possible? Are you yearning to spend more time with your family, increase your productivity level, and regain your sense of control?

This book on time management gives you tons of valuable ideas you can immediately use to organize your life. Once you master the skills indicated in the book, you will be ready for a lifetime of increased personal efficiency and high achievement. You will become a new person, with a new perspective on life.

[Click here to view the book summary >>](#)



■ Time to Live 7 Steps to Taming Time

By Francine Kaye
Hoder Mobius, 2005
ISBN-10: 0340837055
144 pages



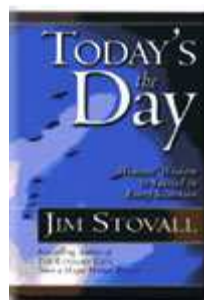
How often do you have the kind of day in which you got everything done and didn't miss out on anything you wanted to or were supposed to achieve?

Imagine having more time to live your life the way you want it and being able to focus on what's most important to you. Imagine how much power you would have if you'd be able to tame time.

You can only do this if and when you are in control of your time. Also, when you know what you want and when you're motivated to achieve it, you can breeze through any day while staying on focus and get everything done on time.

You have the power to manage your time and your life. All you need to do is work to actualize that power.

[Click here to view the book summary >>](#)



■ Today's the Day Winner's Wisdom to Succeed In Every Situation

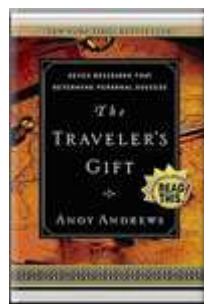
By Jim Stovall
Lifebooks, 2007
ISBN 978-971-045-302-3
186 pages



The world is made up of all kinds of people struggling to deal with all sorts of circumstances. But ultimately, everyone falls into one of two categories: those who succeed and those who fail. Nobody sets out to fail. But often we don't really know what success means or how to achieve it personally.

Now there's help. In this inspiring and uplifting book, Jim Stovall shares easy-to-read, easy-to-put-to-work nuggets of wisdom that he has learned by overcoming his own blindness and becoming one of America's most accomplished entrepreneurs.

[Click here to view the book summary >>](#)



■ Traveler's Gift, The Seven Decisions That Determine Personal Success

By Andy Andrews
Nelson Books, 2002
ISBN 0785264280
206 Pages

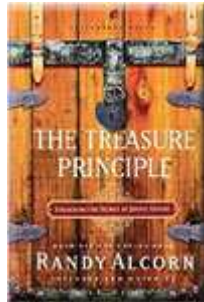


David Ponder has lost his faith in life. Formerly a high-ranking executive at a Fortune 500 company, David is now forced to work part-time at a minimum wage job. When his daughter becomes ill, David is unable to pay for her medical expenses. In an act of desperation, he crashes his car and finds himself not dead, but transported back in time to seven important moments in history.

In this modern parable, seven leaders and heroes from the past teach our protagonist the seven secrets of success. The cast of characters include King Solomon, Anne Frank, Harry Truman and Abraham Lincoln.

Through their tales of courage, resilience and passion, David Ponder realizes that his own choices and attitudes dictate whether he would succeed or fail.

[Click here to view the book summary >>](#)



■ **Treasure Principle, The Unlocking the Secret of Joyful Giving**

By Randy Alcorn
Multnomah Books, 2001
ISBN 1-59052-508-6
128 pages

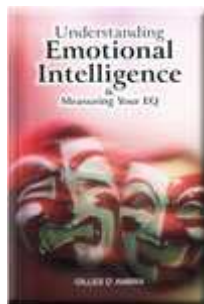


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The Treasure Principle is a small albeit powerful book that discusses Christ's classic teachings on the importance of gaining a heavenly eternal treasure rather than seeking to fill one's life with earthly riches. Bestselling author Randy Alcorn introduces a whole new perspective regarding material freedom and extraordinary generosity. The book focuses on the comprehensive and practical application of Biblical concepts into readers' lives.

This small volume contains loads of wisdom about how joyful and sincere giving brings utmost glory to God and a greater sense of contentment and satisfaction to His children. It offers a new kind of hope to help anyone break free from the chains of slavery to worldly wealth. Moreover, the book intends to teach every reader what it means to fully trust God and enables each one to master the gift of giving despite the constant struggle against every human being's selfish nature.

[Click here to view the book summary >>](#)



■ **Understanding Emotional Intelligence & Measuring Your EQ**

By Gilles D'Ambra
Infinity Books, 2007
ISBN 81-7929-200-2
157 pages



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All of us do have an instinctive idea of our emotional quotient (EQ), even if we don't know that's what it's called! A person's EQ is a composite of different aspects of his or her persona – sensuality, fidelity, passion, maturity, sentimentality, and so on and so forth.

Your strengths and weaknesses in these and other areas will add up to an individual "psychostyle" which is called your Emotional Quotient, or emotional intelligence. Knowing more about your EQ and how and why you do things can help you in all your dealings with others – from your relationship with your lover to your relationship with your boss, and even those with strangers!

[Click here to view the book summary >>](#)



■ **Victory!**

Applying the Proven Principles of Military Strategy to Achieve Greater Success in Your Business and Personal Life

By Brian Tracy
American Management Association, 2002
ISBN: 0 8144 0750 1
318 pages

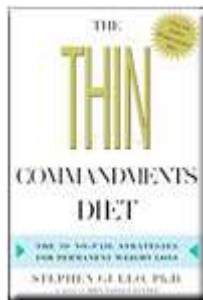


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It's an exciting time for business people. There have never been so many opportunities in the world of business as there are today. We can all achieve more than ever before and in a much shorter timeframe than we previously could have imagined.

"You Inc." by John McGrath shows you how you can take advantage of these opportunities by creating the business of your dreams. This book offers major strategies and practical, easy-to-do tips on how to turn your current business – into a world-class success.

[Click here to view the book summary >>](#)



■ Thin Commandments Diet, The The 10 No-fail Strategies For Permanent Weight Loss

By Stephen Gullo
Rodale Press, 2005
ISBN: 1579548989
318 Pages

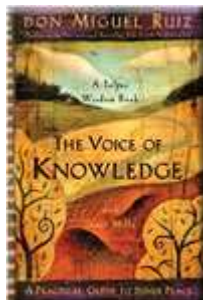


Life is one big battle that you have to go through and eventually win. Like every battle, you must face challenges and obstacles that may come your way in every aspect of your life. In order to be successful, you have to be determined to go through these trials. Most importantly, you have to make use of a certain battle plan that is guided by tried and tested principles that will lead you to victory.

Victory is a very serious word that you have to remember. It stands for the total elimination of your enemies; and for your triumphant ascension to a higher level of being. It is the sole goal of going to battle - you wage war not to lose, but to win. Then you may begin to ask: what should I do to achieve victory? Are there ways and means in order to win this battle?

Interestingly, this book answers your questions on waging the war of life to attain victory. It uses the "tried and tested formulas" of military strategy in application to your business and even your personal life. Taking the tactics of the greatest military leaders and the stories of the most memorable battles in history, this book aims at combating you with the necessary principles and values to accomplish victory in your life.

[Click here to view the book summary >>](#)



■ Voice of Knowledge, The A Practical Guide to Inner Peace

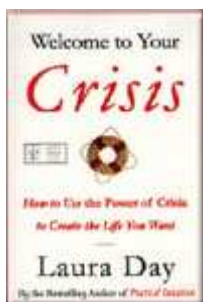
By Don Miguel Ruiz with Janet Mills
Amber-Allen Publishing Inc., 2004
ISBN 978-1-878424-54-9
248 pages



The Voice of Knowledge will reintroduce you to a person you thought you've always known but forget to get to know much better each day – *yourself*. It's not filled with the usual promises of a greater concept of living after the read, but presents a realistic and whole new approach to living. It's simply written with examples from both the real life experiences of author Don Miguel Ruiz – his personal struggles and breakthroughs– and wisdom from ancient cultures.

This book offers a wonderful amount of wisdom for self-empowerment, personal growth, and the discovery of your genuine self – hearing the voice of truth by knowing the real you.

[Click here to view the book summary >>](#)



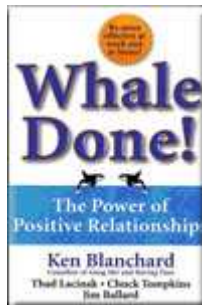
■ Welcome to Your Crisis

By Laura Day
Publisher: Little, Brown and Company, 2006
ISBN 0316114642
288 pages



Crisis is an inevitable part of life. It comes to everyone, unannounced and unanticipated. People respond to crisis differently. Some may still remain optimistic in spite of it all, but it is not unusual for some to focus solely on the pain such times bring. This book sheds light on what is normally perceived as the darkest part of one's life and transforms it into a rather significant experience that ultimately gives more meaning to life.

[Click here to view the book summary >>](#)



■ Whale Done!

By Ken Blanchard With Thad Lacinak, Chuck Tompkins and Jim Ballard
 Publisher: Free Press, 2002
 ISBN 074323538X
 128 pages



What do you and the people around you have in common with a killer whale? Both whales and people perform at their best when you accentuate the positive. It is important, therefore, to always redirect negativity to increase productivity both at work and at home.

Bestselling author and business guru Ken Blanchard teams up with coauthors from Seaworld to write a business parable that urges you to use techniques used by killer whale trainers. You can use these easy-to-apply techniques both at work and at home to become better managers, better parents and better spouses.

[Click here to view the book summary >>](#)



■ What About The Big Stuff?

Finding Strength And Moving Forward When The Stakes Are High

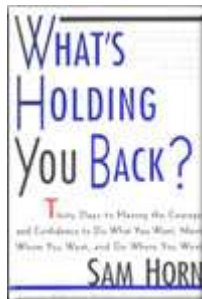
By Richard Carlson, Ph.D.
 Hyperion New York, 2002
 ISBN: 0 7868 6884 8 294 pages



Richard Carlson offers heart-warming stories through which we learn about: the power of our thoughts, letting go, meditation, listening, patience, staying positive, being kinder to others (even strangers!), "softening" around our pain, keeping the faith, and basically reclaiming your right to be happy.

When September 11 happened, nobody on those airplanes called their stockbroker! They called their spouses, children, fathers, mothers, sisters, brothers, fiancées, not their lawyers or business partners. This simply tells us that life is about Love. It all boils down to this. It's not about the money, your investment portfolio, that your kids attend the right schools, or your resume shows what an award-winning talent you are. Your most important task on earth is to love those around you and be remembered well.

[Click here to view the book summary >>](#)



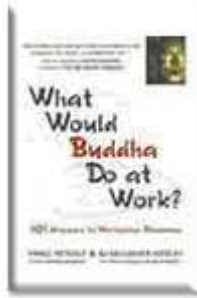
■ What's Holding You Back?

By Sam Horn
 St. Martin's Griffin, 1997
 ISBN: 0-312-25440-7
 335 pages



Do you feel awkward walking into a room filled with strangers? Are you uncomfortable about going to new places alone? Are you painfully self-conscious and do you wish for more confidence? According to bestselling author Sam Horn, people are not born confident. Rather, confidence is a skill that anyone can attain. What's Holding You Back? is a simple and yet powerful self-help book that teaches readers how to unleash their full potential.

[Click here to view the book summary >>](#)



■ What Would Buddha Do at Work?

101 Answers to Workplace Dilemmas

By Franz Metcalf & BJ Gallagher Hateley

Published by McGraw-Hill 2002

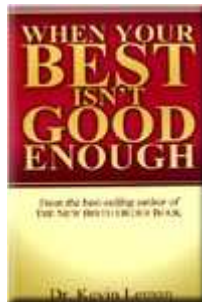
ISBN: 0071210385

170 pages



Using the teachings of Buddha in real-world workplace situations, this little book of wisdom will inspire employees, employers, executives, and entrepreneurs alike with its practical answers to everyday problems dealing with the self, with others, and everyday decisions. You always have a choice on how you will react to pressures, and conduct yourself each day. It's about how you use the freedom of choice in the moment to become a better worker, and to find your own path to enlightenment.

[Click here to view the book summary >>](#)



■ When Your Best Isn't Good Enough

By Dr. Kevin Leman

Baker Publishing Group, 2003

ISBN 978-971-789-174-3

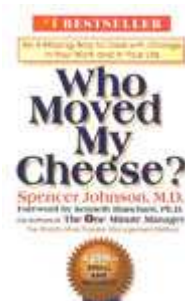
250 pages



Do you often feel you don't measure up to others' expectations? Do you set unrealistic goals? Are you a procrastinator? Maybe you tend to bite off more than you can chew, or perhaps you continually try to please everybody but yourself.

If any of these tendencies sound familiar, then it's time you read what Dr. Kevin Leman has to say. With the practical, positive, no-nonsense strategies offered in this book, you can overcome feelings of rejection and inadequacy and begin to see your true potential.

[Click here to view the book summary >>](#)



■ Who Moved My Cheese?

An A-Mazing Way to Deal with Change in Your Work And in Your Life

By Dr. Spencer Johnson

Published by Vermilion UK, Random House Group Ltd., 2000

ISBN: 0091816971

96 pages



Cheese is a metaphor for what you want to have in life - whether it is a good job, a loving relationship, money, or spiritual peace of mind. Cheese is what we think will make us happy, and when circumstances take it away, different people deal with change in different ways. Four characters in this delightful parable represent parts of ourselves whenever we are confronted with change. Discover how you can let change work to your advantage and let it lead you to success!

[Click here to view the book summary >>](#)



■ Who's Pulling Your Strings

How to Break the Cycle of Manipulation and Regain Control of Your Life

By Harriet B. Braiker, Ph.D.

McGraw-Hill, 2004

ISBN 0-07-143568-9

260 pages



Many people suffer and endure relationships that leave them feeling manipulated and controlled. Whether it is within the context of a romantic relationship, the workplace, or that within your own family and circle of friends, it is dangerous to ignore the effects of such manipulative relationships on your emotional, mental, and physical well-being.

This illuminating book shares with you proven methods to help you thwart manipulators and ultimately break free from their destructive and toxic influences. Based on sound psychological theory, research, and years of clinical experience, *Who's Pulling Your Strings?* offers an in-depth review of the nature of manipulative relationships and the extent of its psychological damage. More importantly, the valuable, health-protecting programs shared by this book will prove valuable to those who wish to regain control of their lives once and for all.

[Click here to view the book summary >>](#)



■ Why Men Don't Have A Clue And Women Always Need More Shoes

The Ultimate Guide to the Opposite Sex

By Barbara and Allan Pease

Broadway Book, 2004

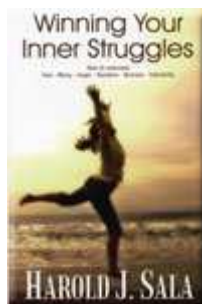
ISBN: 0767916107

336 Pages



Men and women are two very different creatures. In a relationship, their differences become even more apparent. Despite their goal of having a harmonious relationship, communication is always a hindrance. By knowing how men and women think, we can understand how they behave or react to a situation that seems to confuse them. Better yet, this book gives readers practical solutions on how to address the situation properly. The authors wrote this book to offer workable solutions on how to communicate with the opposite sex. Questions such as, "Why do men ogle at women?" and "Why do women nag?" are answered in this book.

[Click here to view the book summary >>](#)



■ Winning Your Inner Struggles

How to Overcome Fear, Worry, Anger, Boredom, Burnout, Inferiority

By Harold J. Sala

OMF Literature, 2007

ISBN 978-971-511-119-5

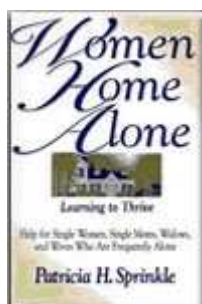
185 pages



The greatest battles in life are not fought on the world's battlefields; they are fought in our own hearts. Men and women today face conflicts and pressures within themselves, and often succumb to them. The real enemies these days are forces such as fear, worry, inadequacy, inferiority, anger, frustration, and the inability to cope.

Dr. Harold Sala, a friend to readers and listeners alike through his many books and radio broadcasts worldwide, draws on years of counselling experience – showing us the way to “overcome the threat of ourselves.”

[Click here to view the book summary >>](#)



■ Women Home Alone

Learning to Thrive Help for Single Women, Single Moms, and Wives Who Are Frequently Alone

By Patricia H. Sprinkle

Zondervan Publishing House, 1996

ISBN: 0-310-20183-7

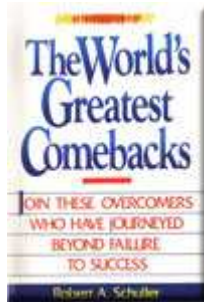
252 Pages



In America, there are millions of women who are living alone. They are usually wives of husbands who are frequently on the road, single moms, divorcees, widows, or single women.

Living home alone shouldn't be difficult. Self-sufficiency is something that all women must learn at some point of their lives. Women have to learn how to live independently and this book helps show you how.

[Click here to view the book summary >>](#)



■ World's Greatest Comebacks, The

By Robert Schuller
Orient Paperbacks, 2001
ISBN 81-222-0100-9
184 pages



If you're struggling because you've been finding it impossible to claw your way back to past success, "The World's Greatest Comebacks" will give you the right steps to begin – and achieve – your comeback.

First, you'll prepare by focusing on your individual situation and mapping out a strategy for success. Next, you'll repair your attitude by learning to eliminate fear, guilt, and the negative feelings that may stand in your way. And lastly, you'll set a course to care by acquiring the attributes necessary for a successful comeback.

[Click here to view the book summary >>](#)



■ Working Mothers 101

How to Organize Your Life, Your Children, and Your Career to Stop Feeling Guilty and start Enjoying it All

By Katherine Wyse Goldman
Garret Press
HarperCollins Publishers, 1998
ISBN: 0-06-095237-7
186 Pages



Working Mothers 101 is a book that gives working mothers everything they need to get their lives in order – to take control of their time, their lives and their future. In short, it gives mothers tips to be able to live balanced lives while being good workers and good moms all at once.

This excellent book teaches working moms to simplify their lives, to make them easier, less complicated and more organized. It's realistic – it's not about teaching working moms to 'do it all'; as the author says, working moms' lives are already crammed with compromises. Instead it's all about finding balance and joy in one's family, career and the world around.

[Click here to view the book summary >>](#)



■ You Are the Message

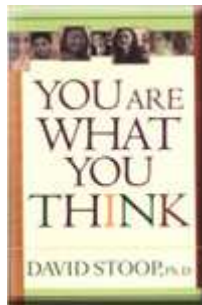
Getting What You Want By Being Who You Are

by Roger Ailes
Published by Doubleday Publishing, 1988
ISBN: 0385427204
240 pages



Roger Ailes is one of the most well known political media advisors, having produced television and radio commercials for several U.S. presidents and senators. He also an Emmy Award winning executive producer of the Mike Douglas show during the 1970s. Although this book is generally written for the public speaker, there are many excellent insights that can be easily applied to almost any interpersonal communication situation. Most of the book is about human communications and interaction. Ailes includes stories about everything from his face-to-face encounter with Charles Manson to his successful coaching of Ronald Reagan during a debate with Walter Mondale. This is one of the most powerful books on the communications process and is highly recommended.

[Click here to view the book summary >>](#)



■ You Are What You Think

By David Stoop, Ph.D.
CLC International, 1996
ISBN 971-789-099-4
193 pages

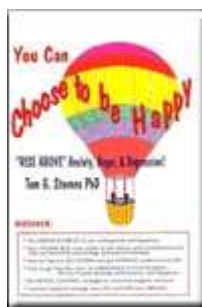


Attitude is everything.

Attitude is what makes the difference between those who succeed and those who fail. And it's easy to see – in other people. But it's not always easy to recognize when your own attitude needs adjustment, or, for that matter, to know how to change it.

In *You Are What You Think*, David Stoop shows you how to use self-talk to make positive changes in your attitudes and beliefs. Self-talk can be private speech, thoughts, or external speech, all of which shape emotions and behavior for good or bad.

[Click here to view the book summary >>](#)



■ You Can Choose to be Happy

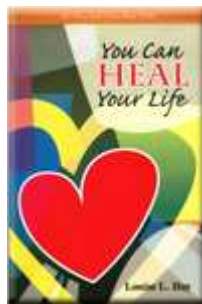
"Rise Above" Anxiety, Anger & Depression

by Tom G. Stevens PhD
Wheeler-Sutton Publishing Co., 2002
ISBN: 0-9653377-1-5
336 pages



Most people have spent their entire life running after true happiness. It has been every person's quest to be happy. But how does one really obtain happiness? The author provides in his book a strategic and effective plan that you can follow to achieve happiness. If you want to discover the causes of happiness and unhappiness; want a more positive and realistic point of view in life and the world; like to learn how to control happiness and get over anxiety and depression; or you worry too much about pleasing others and gaining their approval; or you are too dependent on others just for you to be happy, then this book summary is for you.

[Click here to view the book summary >>](#)



■ You Can Heal Your Life

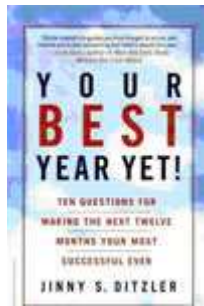
By Louise L. Hay
Claretian Publications, 2008
ISBN 978-971-0511-07-5
226 pages



A bestseller for many years, "You Can Heal Your Life" carries the timeless message that we are each responsible for our own reality and "dis-ease."

Author Louise Hay believes we make ourselves ill by having thoughts of self-hatred. She includes a directory of ailments and emotional causes for each with a corresponding affirmation to help overcome the illness. For example, the probable cause of multiple sclerosis is "mental hardness, hard-heartedness, iron will, and inflexibility." The healing "thought pattern" would be: "By choosing loving, joyous thoughts, I created a loving joyous world. I am safe and free."

[Click here to view the book summary >>](#)



■ Your Best Year Yet!

Ten Questions for Making the Next Twelve Months Your Most Successful Ever

By Jinny S. Ditzler

Published by Warner Books, 2000

ISBN: 0446675474

230 Pages



There is a book with a thought-provoking questionnaire recommended for anyone who is either new to the field of personal growth, or want to take themselves to the next level. The first part of the book is largely a personal account of how the author developed the workshop and how it helped her and her husband reach their goals. The book and questionnaire is challenging, yet easy to follow and can help readers sort out their beliefs, values, roles and goals.

[Click here to view the book summary >>](#)



■ You're in Charge What Now?

Seven Essential Steps for Work Leader Success

By Gerald M. Czarnecki

Published by Griffin Publishing Group, 2003

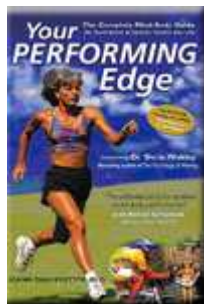
ISBN: 1580001092

171 Pages



Have you suddenly found yourself in a position of responsibility and found yourself at a loss? Do you have all these great ideas for your team but don't know how to bring your team up to speed? Gerald M. Czarnecki's *You're in Charge. what now?* provides a day-to-day guide on how you can make things happen by outlining seven simple steps to set you--and your team--down the road to success.

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■ Your Performing Edge

The Complete Guide to Success and Fulfillment in Sports and Life

By JoAnn Dahlkoetter, Ph.D.

Pulgas Ridge Press, 2001

ISBN: 0-9704079-5-5

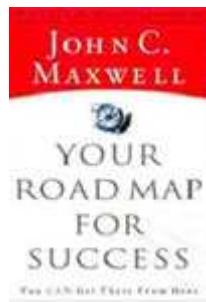
264 Pages



Not a lot of people understand that there is a deep-seated connection between sports and life - that through excelling at sports, one can drastically improve the quality of one's life. Many examples exist of athletes who have managed to perform spectacularly well at their chosen sport, and have managed to parlay their sports savvy into having well-rounded, satisfying lives, as well. Simply put, athletics teaches us countless lessons on how to live our lives the best way possible.

Your Performing Edge aims to be, in its author's own words, the "complete mind-body-spirit guide for optimal performance in sports and life". It outlines some of the most effective tools and approaches for improving one's performance, made applicable to a wide variety of both sports and ability levels. The book follows a natural progression from establishing that winning is a state of mind (basic principles) to finding actual meaning in pursuits (placing performance in perspective and creating balance in one's life).

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■ Your Road Map for Success

Your Road Map for Success You CAN Get There From Here

By John C. Maxwell

Published by Thomas Nelson Publishers 2002

ISBN : 0785265961

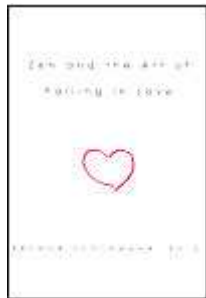
230 Pages



John C. Maxwell, best-selling author of the *21 Irrefutable Laws of Leadership*, begins this book by sharing an article about how people define success. He reveals that most people who want to be successful misunderstand success, that it is an ideal situation incorporating impossible elements. Some want to have the beauty of a Cindy Crawford or the business acumen of a Bill Gates. He redefines success but stating what it is not. It is not wealth, not a feeling of success, specific possessions, power or achievement. He then cites specific examples of well-known personalities who had achieved all these but could still not consider themselves successful.

He then sets out to present the idea that after studying the subject of success, success knows your purpose in life, growing to reach your maximum potential and sowing seeds that benefit others. Then success is a journey, not necessarily a destination. This thinking frees an individual to become a success today and not at some distant time in the future.

[Click here to view the book summary >>](#)



■ Zen And The Art Of Falling In Love

By Brenda Shoshanna, Ph.D.r

Published by Simon & Schuster 2003

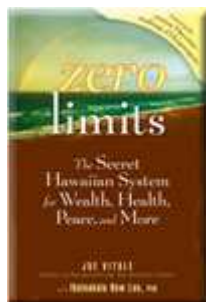
ISBN: 0 7432 4335 8

247 Pages



Why can't we find love or stay in love? Human relationships require a new awareness. First we must know that we are already complete beings. We do not need another person to complete us. Through the practice of Zen meditation, where one learns to quiet the mind, we begin to understand our selves. These important lessons are for anyone who has experienced recurring patterns in her relationships and wants to see the source of her insecurity, jealousy, possessiveness, or disappointment. By learning to meditate, sit still, and observe our thoughts, applying Zen to our everyday routine, the author leads us down a path of stepping stones to love. where we slowly let go, forgive, clean up our space, relinquish control, and be ready and open to receive the kind of love that lasts.

[Click here to view the book summary >>](#)



■ Zero Limits

The Secret Hawaiian System for Wealth, Health, Peace and More

By Joe Vitale and Ihaleakala Hew Len, PhD

John Wiley & Sons, Inc, 2007

ISBN: 978-0-470-10147-6

238 pages



You are responsible for the world. Not just *your* world but *the* world. Like it or not, everything that affects your life, everything that you have encountered, directly or indirectly, you are entirely and absolutely responsible for. The very moment that you are made aware of it, the very moment you know of it, you're already part of it. You are a part of the world's problems.

Likewise, in as much as you already are a part of everything you've experienced, as much as you are a part of anyone's problems, you also are, ultimately, the solution to the same problems. You are capable of curing the world of its pains and frustrations. All you need to do is cleanse yourself of all the negative energies stored in you, love, and trust in the Divine.

If it sounds overwhelming and oversimplified, chances are, it is. And that is the miracle of the Hawaiian teachings of ho'oponopono. With ho'oponopono, you can cure anyone of their conditions without even being with them or knowing a lot about them. Their cure is actually your cleansed state; your zero state. And in that state, there are zero limits.

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